

research staff mentoring

AIM: to pair you for 6M with a mentor outside your dept who can support you and your career here, and into your next position... whatever that may be.

#402
completed
= 99.5%

postdocs
research fellows
VCFs
research associates
new lecturers
scientific officers
facility managers
Post-PhD research
assistants &
technicians

trained academic
staff volunteers at
all levels from
research fellows to
lecturers, readers,
profs and HoDs...
with industry
experience, with
families, with PT
working patterns

MALE (49%)

FEMALE (51%)

MDH

SCI

ENG

SS

AH

100%

recommended

what do
you want
to gain?

who do
you want
to meet?

what is
there to
lose?



"Anyone who joins this programme will be surprised how much they will gain. It's always good to speak with someone who has been through what you might be going through."

"It helps not only with career progression and/or dealing with difficult situations at work, but also gives a completely different perspective on our role in the university and in wider society."

"My mentor has helped me to break out of negative thinking about my career and to look at my skills and attributes both more objectively and with greater pride."

"It provided a contact where I could go with questions I wouldn't have dared to ask my line manger."

"I felt very positive after every meeting, in particular I felt challenged to make changes to the way that I approach the difficulties that I am facing."

"It was incredibly useful to get an outsider's views on work and career options - helps to keep everything in perspective!"

It's not a simple fix, the mentee must be seeking this support, if they're willing to put time into the process, then it can be revolutionary."

induction
&
training

goals
&
matching

meetings
&
actions

outcome
&
options